140+ Screen-Free Brain Activities

Mythology, Space & Logic Puzzles for Kids!

Ages 4-8



Stories • Mazes • Counting • Coloring • Logic • Creativity

Name: _____

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100+ Screen-Free Brain Activities

Mythology, Space & Logic Puzzles for Kids!

Ages 4–8

Explore magical stories, discover space, solve clever puzzles, practice counting, draw, color, trace, and have fun away from screens!

This workbook belongs to:

_____

A screen-free adventure starts here!

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A Note for Parents & Teachers

Welcome!

Children naturally learn by asking questions, moving, drawing, noticing, imagining, and solving little problems.

This workbook turns those everyday learning moments into playful screen-free adventures.

Inside, children will travel through mythology–inspired stories, explore space, solve brain-teasers, discover Indian culture, practice positive habits, explore emotions, and create their own ideas.

The activities are designed for children approximately 4–8 years old, with a gradual increase in difficulty.

A few helpful ideas:

- Let your child try before giving an answer.
- Ask, “What do you notice?”
- Encourage drawing and explaining.
- Celebrate effort, not just correct answers.
- Take breaks when needed.

Most importantly:

Have fun together!



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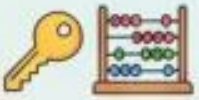
How to Use This Workbook

1. **Pick an adventure** 
   Choose any page your child finds interesting.

2. **Read the short story** 
   An adult can read it aloud for younger children.

3. **Let the child solve** 
   Give your child time to look, count, trace, match, or draw.

4. **Encourage thinking** 
   Instead of immediately telling the answer, try: **"What could you try next?"**

5. **Check the answer** 
   Use the answer key at the back for puzzles with definite answers.

6. **Create together** 
   Some activities have no single correct answer. These pages are marked: **"Answers will vary."**

Let's get started!

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Age & Difficulty Guide



EASY

Ages 4–5

Look, match, count, trace, color, fellow simple paths.



MEDIUM

Ages 5–6

Solve patterns, compare objects, follow longer paths.



CHALLENGE

Ages 7–8

Use several clues, solve multi-step puzzles, explain thinking.

Grown-up Helper

Some children may enjoy a harder activity with a little help. There is no need to rush.

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Section 1

Mythology Mazes & Story Adventures

Welcome to the Story Trail!

These activities are inspired by Indian mythology and traditional stories. The stories are presented in a simple, respectful, child-friendly way.



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1. Hanuman's Mountain Mission

Age: 4-6 | **Difficulty:** Easy | **Skill:** Visual tracking

A long time ago in the Ramayana story, Hanuman made a great journey to find the Sanjeevani herb. Today, your puzzle adventure begins!

Start at **HANUMAN**. Follow the path without crossing any walls. Reach the **MOUNTAIN**.



MOUNTAIN



START

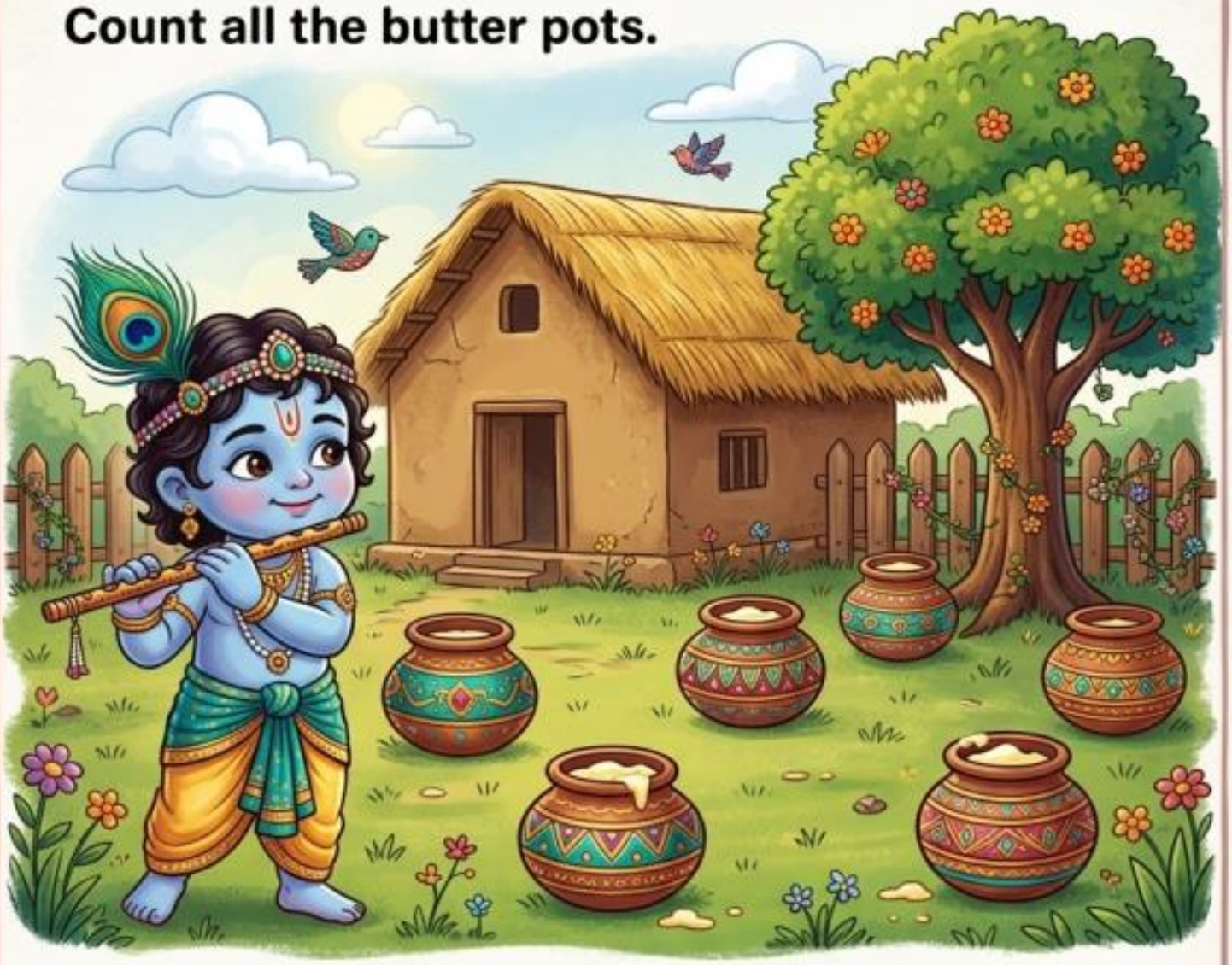
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2. Find Krishna's Butter Pots

Age: 4-5 **Difficulty:** Easy **Skill:** Counting

Young Krishna is famous in traditional stories for enjoying butter. Some butter pots are hiding around the scene!

Count all the butter pots.



How many butter pots can you find?

5 6 7 8

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3. Krishna's Butter-Pot Path

Age: 5-6 | Difficulty: Medium | Skill: Following instructions

Krishna wants to reach a row of butter pots.
But the garden has many paths!

Follow only the path that goes through:
Flower → Bell → Leaf → Butter Pot.



Which path is correct?

A | B | C | D

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Enjoyed the free sample?

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Get the full book at

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